



Jackie Burgett, RN, IBCLC

INTERNATIONAL BOARD CERTIFIED LACTATION CONSULTANT

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Mother's Name

Baby's Name

Consultation Date

LACTATION INTAKE HISTORY

Problem: nipple pain latch breast refusal undersupply oversupply slow weight gain multiples other

Others consulted about this breastfeeding issue: LC doctor nurse LLL friend family doula other

Ultimate breastfeeding goal: breastfeed exclusively pump exclusively bf and pump bf and supplement unsure whatever happens

YOUR HEALTH HISTORY
Any history of: thyroid ovarian cyst Polycystic Ovarian Syndrome (PCOS) diabetes (type I II) other:
Medications currently taking (including herbs and vitamins):
Breast or chest surgery or injury: none reduction mastopexy augmentation biopsy injury other Date:
Conceive easily: yes no (how long:) IVF IUI (donated: sperm egg neither)
Abortion(s): no yes (# year(s)) Miscarriage(s): no yes (# year(s))
Miscarriage(s) reason(s): unknown
Number of other pregnancies: Number of other children living:

BREASTFEEDING HISTORY
Number of other children breastfed: How long other child(ren) breastfed: #1: wks mos yrs
#2: wks mos yrs | #3: wks mos yrs | #4: wks mos yrs | #5: wks mos yrs
How did breastfeeding go with the older child(ren): easy difficult (describe):

THIS PREGNANCY
Breast changes: enlargement tenderness in first trimester leaking areola darkening Any complications: no yes:
Bed Rest: no yes (start week: until week) Reason: Pregnancy length: wks day(s)

LABOR
How labor began: spontaneous induced (how: pitocin cervical gel membrane ruptured other:)
Where: home birth ctr hospital other Labor: hrs Pushing: min Delivery: vag (VBAC) vacuum forceps C-sect
Medications during labor: pitocin epidural (#cm when started:) narcotic (demerol, nubain) other
Antibiotics: no yes (reason: strep B fever C-sect other) Hemorrhage: no yes (med to stop:)
LABOR EXPERIENCE:

HOSPITAL / POSTPARTUM
1st nursing: min /hrs after birth easy difficult Sides: 1 2 did not occur
1st 24 hours frequency: every hours 2nd 24 hours frequency: every hours 3rd 24 hours frequency: every hours
Circumcision (Day) Pacifier: no yes (when began: day) Separation: none some night mostly nursery NICU
Milk came in: day not noticed slight mod heavy Baby complications: jaundice hypoglycemia other
How treated:
INPATIENT BREASTFEEDING EXPERIENCE:

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